

SLS MEDISPA

BEHOLD BEAUTY

TREATMENT LIST

"Beauty isn't about changing who you are, it's about enhancing what makes you uniquely beautiful."

Book online via our booking portal on our website or call to make an appointment.

 SLSmedispa

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SLS MEDISPA | THE CLUB CHILWORTH MANOR HOTEL
SOUTHAMPTON SCIENCE PARK | CHILWORTH SOUTHAMPTON
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AESTHETIC PROCEDURES

Anti Wrinkle Injections (Botulinum Toxin) for Line Smoothing.

One of the most popular treatment for facial lines and wrinkles in the UK.

The treatment is a simple, non-surgical procedure that smoothes persistent lines between your eyebrows, on your forehead and on your outer eye area (crow's feet). I like to call it a 'turn back the clock' treatment.

A treatment session consists of a few tiny needle pricks that relax the muscles that caused those lines to form.

Botulinum Toxin

Consultation FREE

1 area £200

2 areas £235

3 areas turn back the clock £245

Skin Boosters

Profhilo £250

Lumi Pro 5 point face lift £185 / Nexfill Pro 80 5 point face lift £195

Under the eye skin brightening (Lumi Eyes) £165 Course of three sessions £450

Polyneucleotides

Can be used on the face, neck, décolleté, under eye or peri oral lines.

2ml package £185

4ml £350

6ml £499

Under eye Polyneucleotides £185/£350 for two sessions

Dermal Filler

Lips/Nasolines/Cheeks

£185 1ml

£335 2ml

£499 3ml

£665 4ml

AESTHETIC PROCEDURES

Fat Dissolving

£95 small area. £135 large area using Lipomax
£125 small area £165 large area using Lemon Bottle
Treatment courses are available, please enquire

Radio Frequency £55

Hyperhydrosis Treatment £380

B12 Injectable Booster £55

When taking vitamins orally the efficacy is only 55% but when you have a booster shot 100% is absorbed into the blood stream so the level of success is maximised.

Cryotherapy

Removal of skin tags, sun spots, cherry angiomas, warts and verrucae.
£90 for 3 x lesions £5 for any additional

ELECTROLYSIS

Electrolysis is the only FDA approved method of permanent hair removal. It works by using a fine sterile probe to deliver a tiny amount of heat directly to the hair follicle, destroying its ability to grow new hair.

10minutes - £25

15minutes - £30

20minutes - £35

Ear Micro-suction

Micro-suction is the most modern, safe, and pain free way of removing ear wax from the ear.

Removal of compacted wax in the ear using a vacuuming technique. We advise oiling of the ear for 1 week prior to treatment.

£20.00 consultation and check up

£70.00 for wax removal includes both ears.

AESTHETIC PROCEDURES

Plasma Skin Tightening

Plasma skin tightening is a non invasive precision technique that focuses on lifting and tightening loose skin on the face and body, with long lasting results.

Upper / Lower Eyelid £295 per area

Neck (Half) £395

Neck (Full) £595

Jowl Lift / Jawline £395

Lower Face - Nasolabial lines, Marionette, Smokers Lines £395

Crows Feet £195

Forehead Lines £249

Smokers Lines £195

Frown Lines £195

Nasolabial Lines £249

Abdomen / Tummy from £595

Arms from £495

Laser Thread Vein removal From £85

Thread veins, also referred to as spider veins can appear on the surface of the skin. They can appear blue, purple or red in colour and are thin lines that look a little like a web or branch. They are usually not painful or harmful but can be annoying and affect your confidence when you want to bare your legs, particularly in the summer months. Thread veins are different from varicose veins which are larger and deeper, may appear lumpy or twisted and are usually flesh coloured or red.

What are leg thread veins?

Leg thread veins occur when a valve inside a vein stops working properly. Our veins carry blood to the heart and to stop blood flowing backwards, veins have a one-way valve that closes once the blood has passed through. If the valve is damaged or weakened, it could mean that the blood struggles to flow in the correct direction which then causes a small pool inside the vein. This causes the vein to branch out causing the thread vein.

What is the treatment process and how many sessions will I need?

Depending on the size and number of thread veins, this will differ. Which is why our clients attend a consultation with one of our specialist doctors to create an individual treatment plan. Typically recommend to start with a course of 6, however the amount of treatments needed may differ from person to person. Treatments are carried out at 4-week intervals.

AESTHETIC PROCEDURES

Sculptra - an injectable biostimulator containing poly-L-lactic acid (PLLA) that works by stimulating your body's natural collagen production. Rather than adding instant volume, it gradually restores structure, firmness, and elasticity from within for natural-looking rejuvenation. Suitable for both men and women, Sculptra can improve deep folds, sunken cheeks, loose skin, and certain scars. Results develop gradually from around 4-6 weeks after treatment, with full effects visible within 3-6 months and lasting up to two years or more.

£350 per session

£999 for 3 sessions



FACIAL SERVICES

Using our very own Skincare range Complete Skin Solutions, giving solutions to skincare needs.

Skin Consultation - Complimentary - We like to book an appointment to talk all things skin before treating you. We like to talk about your skin but also your lifestyle so we can build up a full understanding of how your skin works and your concerns.

Express SLS Facial

£46

A results-focused yet relaxing facial designed for those short on time. This treatment includes a thorough cleanse and gentle exfoliation to refresh the skin, followed by a tailored mask to address your skin's immediate needs. While the mask works, enjoy a calming scalp massage to release tension and promote relaxation.

The treatment is completed with eye cream and moisturiser, leaving the skin feeling clean, hydrated and refreshed.

Restorative SLS Facial

£55

Relax, restore and rebalance your skin with our signature restorative facial. This calming treatment begins with a thorough cleanse and gentle exfoliation to refresh the complexion, followed by soothing steam to open the pores. A relaxing facial massage helps ease tension while boosting circulation and promoting a healthy glow.

A tailored mask is then applied to nourish and comfort the skin, before finishing with eye cream and moisturiser, leaving your complexion feeling refreshed, hydrated and beautifully renewed.

Ideal for: clients seeking relaxation alongside visible skin improvement, or as a regular maintenance facial.

FACIAL SERVICES

The Ultimate Facial

£150

A multi-modality advanced skin treatment designed to address texture, tone, and skin ageing at a deeper level. This facial combines **dermaplaning, microneedling, and LED light therapy** to optimise skin renewal and collagen stimulation. The skin is treated both mechanically and biologically to improve firmness, smoothness, and clarity.

Benefits include:

- Enhanced skin texture and luminosity
- Stimulation of collagen and elastin
- Improved cell turnover and skin resilience

Dermaplaning

£59

A controlled exfoliation procedure using a sterile surgical scalpel to remove dead skin cells and vellus hair. Dermaplaning improves skin texture, enhances product penetration, and allows for smoother makeup application. The treatment also supports cellular renewal by stimulating the skin's natural regenerative processes.

Results typically last: 2-4 weeks.

Microneedling

£95

Microneedling uses a medical-grade device with 12-42 sterile polymer needles to create controlled micro-injuries at a depth of approximately 0.2-0.3mm. This allows targeted serums to penetrate beyond the lipid barrier while stimulating blood flow and collagen production. Serum selection is tailored to the client's skin concerns, such as fine lines, pigmentation, or loss of firmness.

Carbon Laser Facial

£79

(Patch test required)

A non-invasive laser treatment using a medical-grade carbon solution to absorb oil, debris, and impurities from the skin. The laser energy targets the carbon particles, exfoliating the skin, reducing congestion, tightening pores, and improving overall skin tone and texture.

Suitable for: acne-prone skin, enlarged pores, uneven texture.

FACIAL SERVICES

Skin Peels

£79

Clinical-grade chemical peels designed to exfoliate the skin at a controlled depth while stimulating new cell growth. This treatment improves brightness, smoothness, pigmentation, and skin tone, while supporting overall skin renewal.

Peel strength and formulation are selected based on skin assessment.

ICE Facial

£79

This treatment uses an advanced radiofrequency device combining thermal stimulation with cooling technology. The heat penetrates the dermis to stimulate collagen and elastin production, while the cold contracts and firms the skin surface, improving tone and texture.

Mesotherapy

£95

A minimally invasive treatment involving the delivery of a customised vitamin and active ingredient cocktail into the dermal layer using fine needles. Mesotherapy provides immediate skin revitalisation while supporting hydration, firmness, and overall skin quality.

Hydration Facial

£125

An advanced multi-technology facial designed to restore hydration and improve skin quality. This 6-in-1 treatment targets dehydration, dullness, congestion, fine lines, and uneven tone. The skin is intensively hydrated and supported to improve firmness, clarity, and elasticity.

SLS SKIN CLUB & MASSAGE MEMBERSHIPS

The **SLS Medispa Skin Club** is an exclusive membership created to make caring for your skin and wellbeing effortless, while encouraging you to slow down and enjoy regular time just for you.

In today's busy world, self-care is often the first thing to be postponed. Our memberships are designed to help you prioritise consistent skin and body treatments, giving you the opportunity to pause, reset, and feel confident in the skin you're in. By combining our professional expertise with an understanding of how treatments work best when performed regularly, we've created carefully considered Skin and Massage Memberships that support long-term results and overall wellbeing.

Each membership is tailored to suit different lifestyles and budgets, while offering exclusive benefits and preferential pricing on your favourite treatments and services. Your loyalty means so much to us, and these memberships are our way of rewarding that loyalty, while gently reminding you that taking time for yourself isn't a luxury, it's essential.

Please visit our website for full membership details.

LASER HAIR REMOVAL

IPL Hair Removal Using E-light Technology

This is a technology combining Intense Pulsed Light (IPL) with Radio Frequency (RF).

SMALL AREA (Top Lip, Chin, Cheeks, Jawline & Navel Line)

£46 per session

£248 Course of 6

£331 Course of 8

£414 Course of 10

MEDIUM AREA (Underarms, Standard bikini, Forearms)

£60 per session

£324 Course of 6

£432 Course of 8

£510 Course of 10

LARGE AREA (Brazilian, Lower Legs, Half Face)

£76 per session

£410 Course of 6

£547 Course of 8

£684 Course of 10

EXTRA LARGE AREA (Full legs, Back, Chest, Abs, and Hollywood)

£125 per session

£675 Course of 6

£900 Course of 8

£1065 Course of 10

FULL BODY (Shoulder to Feet)

£425 per session

FULL FACE

£120 per session

FULL BODY & FACE

£499 per session

Results vary from person to person and per area treated.

SEMI PERMANENT MAKE UP

Consultation and Mapping Out of Brows is Free of Charge

Microblading

Microbladed brows are beautifully natural defined brows. The Hair strokes are thin and the pigment is decided based on your natural colourings. Once healed these brows look like beautiful full brows. Combination of Microblading, Nanoblading & powdered brows by hand. £300. Including 6 week top up.

Powder Brow

Also a form of eyebrow tattooing, but instead of a handheld tool, we use a machine to create a defined brow. £300

Combination Brow

A mixture of microblading techniques and the machine brow to give you a combined look. From £325

Ombre Lip Tattoo

A perfect treatment for those wanting to add definition and fullness back to their lips. Choose from a selection of coloured pigments. £300 includes six week top up.

EyeLine Definer

Our lash line definer is the perfect natural enhancement to your lashes, creating stunning eyes all the time!

£265

Brow Colour Boost

6-9 months after 1st treatment £160

9-12months after 1st treatment £185 12 months plus £255

BEAUTY TREATMENTS

FINGERS & TOES

File and Polish (Varnish) £25

Mini Manicure (Varnish) £30.00

Using CND Shellac and Gel Bottle

Mini Manicure with Gel/Shellac £37.50

Mini Manicure with Gel/Shellac Remove & Reapply £40.50

Luxury Manicure with Gel/Shellac includes Heated mitts and mask £47.00

Shellac/Gel Removal £12.00

Shellac/Gel Repair £4.50 per nail

BIAB Nails

BIAB natural nail overlay

Natural nail overlay using the builder in a bottle adding strength to nails. £39.00

BIAB nail maintenance

Infill & maintenance of existing overlays £38.00

Infil and Gel Colour application £48.00

BIAB Safe removal £20.00

BIAB Natural nail overlay colour with shellac/gel £49.00

TOES

Mini Pedicure with Gel/Shellac - cuticle work, file & polish £35

Mini Pedicure remove & reapply with Gel/Shellac - cuticle work, file & polish £40.00

Pedicure with Gel/Shellac - Foot soak, cuticle work, file & polish plus massage £45

Pedicure remove & reapply Gel/Shellac - Foot soak, cuticle work, file & polish plus massage £50.00

Luxury Pedicure with Gel/Shellac - Includes foot soak, cuticle work, file & polish, massage & heated booties £55.00

Luxury Pedicure remove & reapply with Gel/Shellac - Includes foot soak, cuticle work, file & polish, massage & heated booties £60.00

Callus Peel Heel Treatment £30.00 or add on to pedicure for £15

Heel repair treatment - callus peel and efile treatment - £39

BEAUTY TREATMENTS

Brows & Lashes

- Brow Tint £12.50
- Brow Lamination £37
- Eyelash Tint £19
- EyeLash Lift and Tint £46

Waxing

Including specialists in Hot wax used for Hollywoods & Brazilians

Hot wax

- Standard Bikini £21
- High bikini £25
- Brazilian £30
- Hollywood £34
- Underarm £15

Warm Wax

- Top Lip wax / Thread £11.00
- Eyebrow wax / Thread £11.00
- Chin Wax/Thread £12
- ½ Leg Wax £25
- ¾ Leg £30
- Full Leg £38

LASH EXTENSIONS

- Full set of Classic Lashes £45
- Full Set of Hybrid Lashes £55
- Full Set of Russian Lashes £60
- Lash removal £25
- Infills from £30

BEAUTY TREATMENTS

EAR PIERCING

Choose gold, white gold or titanium studs. We offer 1st, 2nd or 3rds in the ear. Children aged from 3years, receive a certificate and lollypop! £52

MAKEUP WITH DEMI

Makeup with Demie Party / Evening Makeup £55

A professionally applied makeup look tailored to your occasion, outfit and personal style. Perfect for parties, events and evenings out, with a flawless finish designed to last.

Bridal Makeup

Bespoke bridal makeup designed to enhance your natural features and photograph beautifully. Each look is carefully created to suit your skin, style and wedding aesthetic, ensuring you feel confident and radiant on your special day. A trial would be included 6-8 weeks before the big day, on the day makeup application and a touch up kit for the day.

Prom and bridal packages are available and can be tailored to individual requirements. Please contact us directly for makeup bookings

MASSAGE

Welcome to the SLS Spa Sanctuary, a tranquil retreat where relaxation is intentional, treatments are bespoke, and every detail is designed to restore balance. Our curated massage and wellness rituals combine therapeutic expertise with a refined spa experience, allowing you to fully unwind, reset, and reconnect.

Signature Massage Rituals

SLS Signature Back Ritual

£46 · 25 minutes

A focused therapeutic massage designed to release tension from the back, neck and shoulders. Ideal for relieving stress held in the upper body and restoring ease of movement.

SLS Upper Body & Scalp Escape

£52 · 40 minutes

An extended back, neck and shoulder massage complemented by a calming scalp ritual. This deeply soothing treatment melts away physical tension while promoting mental clarity and relaxation.

SLS Full Body Restore

£75 · 50 minutes

A flowing, full-body massage designed to relax muscles, improve circulation and rebalance the nervous system. Perfect for complete relaxation and renewal.

SLS Full Body & Scalp Indulgence

£85 · 60 minutes

Our signature full-body massage elevated with a luxurious scalp ritual. A deeply immersive experience for total-body relaxation and mind-calming serenity.

Deep Tissue Upgrade

£10 supplement

Enhance any massage with deeper pressure techniques to target chronic tension and muscular tightness.

MASSAGE

Heated Stone Therapies

SLS Warm Stone Back Ritual

£55 · 35 minutes

Heated volcanic stones are combined with therapeutic massage to ease tension, soften tight muscles, and promote deep relaxation in the upper body.

SLS Full Body Warm Stone Ceremony

£90 · 60 minutes

A luxurious full-body ritual using warm stones to encourage profound muscle release, improved circulation, and a deep sense of calm and wellbeing.

Head & Scalp Experiences

Japanese Head Spa Ritual

£125 · 75 minutes

An elevated scalp and mind renewal experience inspired by Japanese wellness traditions. This indulgent ritual includes a purifying scalp cleanse, therapeutic massage with warm nutrient-rich oils, and aromatic steam therapy. Designed to relieve stress, stimulate scalp health, and restore inner balance, leaving you deeply relaxed with radiant calm.

Pregnancy Wellness

Nurturing Pregnancy Back Ritual

£46 · 25 minutes

A gentle, supportive massage tailored for expectant mothers, focusing on relieving tension in the back, neck and shoulders while promoting relaxation and comfort.

Nurturing Pregnancy Full Body Ritual

£75 · 50 minutes

A soothing full-body massage designed to support the changing body during pregnancy, helping to ease muscular discomfort, improve circulation and encourage deep relaxation.

MASSAGE



Signature Body Rituals

Inner Seasons Ritual

£90 · 50 minutes

A deeply nurturing bodywork ritual honouring the natural rhythms of womanhood. Inspired by the cycles of nature, this treatment supports hormonal and reproductive balance through all phases of life — from menstruation to menopause and beyond. Grounding, restorative, and intuitively healing.

SLS Lymphatic Flow Ritual

£85 · 75 minutes

A gentle, rhythmic Manual Lymphatic Drainage massage designed to encourage detoxification, reduce fluid retention and support immune health. Ideal post-aesthetic treatments or during periods of sluggishness, leaving you feeling lighter, refreshed and revitalised.

Holistic Therapies

Indian Head Ritual

£55 · 45 minutes

An ancient holistic therapy focusing on the scalp, neck and shoulders. This calming ritual helps release tension, improve sleep quality, and restore mental clarity.

Hopi Ear Candle Therapy

£55 · 45 minutes

A gentle, non-invasive treatment traditionally used to support sinus health and relieve pressure. Includes a relaxing facial massage to enhance relaxation and wellbeing.

Reflexology Balance Ritual

£68 · 50 minutes

A deeply relaxing foot therapy based on reflex points corresponding to the body's systems and organs. Designed to rebalance, reduce stress, and support holistic healing and harmony.

TATTOO REMOVAL

We offer the following services in tattoo removal

- Laser tattoo removal
- Semi Permanent Makeup Removal
- R20 Tattoo Removal POA

Consultation and patch test FREE

Very Small (up to 2cm)

1 session £49

4 sessions - £159

6 sessions - £249

Small (up to 5cm) includes Semi Permanent Make Up Removal

1 session - £89

4 sessions - £299

6 sessions - £449

Medium & Large POA

